



HEART & HOME

design basics for your soul and living space

Victoria Duerstock



*Create in me a
clean heart,
O God, and
renew a right
spirit again in
me so that I can
dwell in your
presence and at
your feet.*



Clean It Up and Clear It Out

*Let us draw near with a sincere heart in full assurance of faith,
having our hearts sprinkled clean from an evil conscience and our bodies washed with pure water.*

HEBREWS 10:21-23

One of the greatest design fixes we must all employ from time to time: declutter the space and clean it up! The longer we inhabit a place the things we accumulate can take over. Sometimes when all the little accessories and pieces are lined up in a hallway or somewhere new, you get an idea for a new spot that piece would work. But when we get used to seeing something in the same place we don't even see it anymore.

I think sin is the same way in our hearts. When we are not paying attention, we get cluttered. The problem with sin is that it stifles our relationship with God, and we require a cleansing. Thank goodness He is faithful and promises to restore us when we confess and forsake. Let's be diligent to root out and weed out the clutter of sin from our hearts.

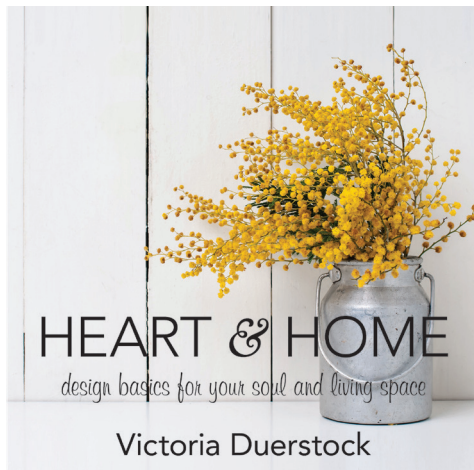
design tip

A clean space is refreshing and healthy. A sense of calm fills us when a deep clean has been done.

This is a great time to assess if you need to purchase anything new or remove excess to keep some openness to your space.



Victoria Duerstock is a writer, blogger, teacher, and speaker. With more than 20 years in the furniture and home-design industry, she uses her creativity to inspire hope in readers and ignite bigger dreams in their lives. She writes for the blogs Encouraging Women Today, Everything's Gravy, and Creative Corner, and she has contributed to devotionals from Worthy Publishing.



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These short devotionals draw a clear connection between the basics of interior design and scripture to encourage spiritual growth. The devotionals in both books include a scripture, reflective writing, a prayer, and a design or lifestyle tip accompanied by a gorgeous photograph of a designed space.

In ***Heart & Home: Design Basics for Your Home and Living Space***, Victoria writes 90 devotionals about topics such as unity and harmony, focal points, balance, and negative space. In ***Heart & Home for Christmas: Celebrating Joy in Your Living Space***, she understands that all the tasks and stress of the holiday season make it easy to forget true joy. In these 100 devotionals, she connects easy decorating tips with spiritual thoughts for reflecting the true spirit of Christmas in your home and actions.

If you are a retailer interested in selling this book, contact Abingdon Press at orders@abingdonpress.com or (800) 251-3320.

